

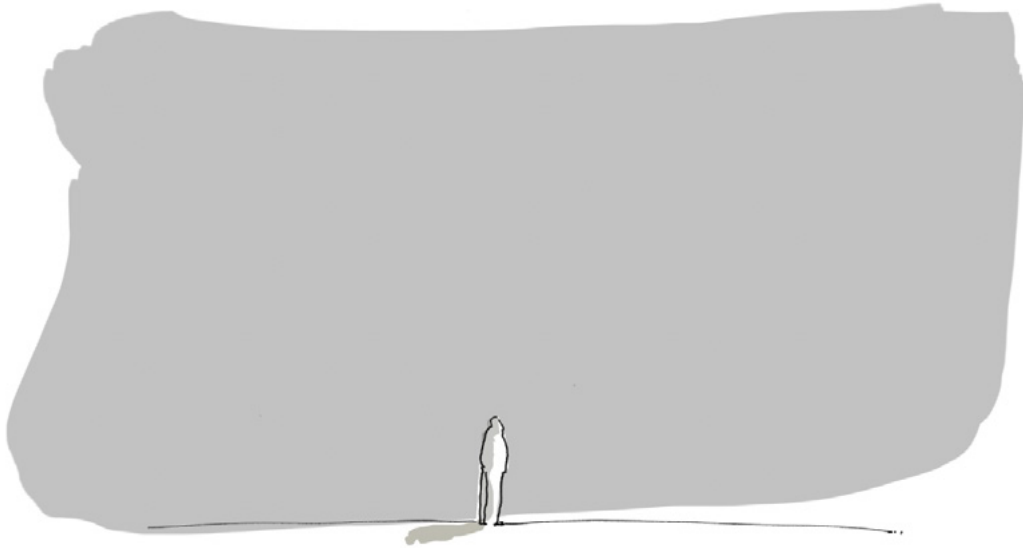
Close  
to Hand

#onemorecard

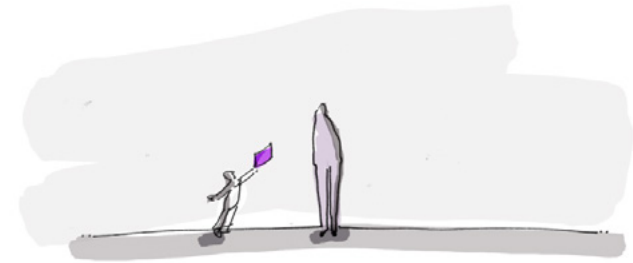
Send a smile in an envelope to lonely older people in your community



## #onemorecard



According to Age UK 873,000 people aged 65+ aren't contacted by anyone during the Christmas period



It's a great way to reach out to lonely older people in your community



It's super easy to get your school involved



#onemorecard...be part of it

Host an assembly and invite the children to think about what message they would like to send to a lonely older person in their community. Perhaps children can speak with their parents to think of a recipient in their road

Print off our colouring sheet with a space for children to add their special messages

Print off, cut out and decorate the 3D Angel Companion

Enlist the help of your PTA to deliver the messages and paper angels to care homes, almshouses, sheltered housing groups and older people in their own homes

Send us pictures of your cards, or better still share these on your school's social media so everyone can see the impact of this campaign of kindness. Don't forget to use the **#onemorecard**.







---

---

---

---

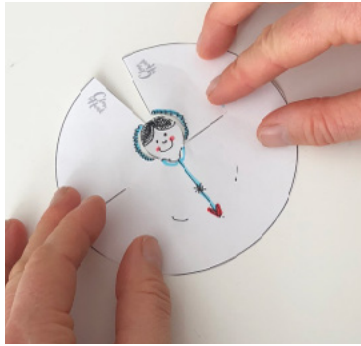
---



# #onemorecard angel companion



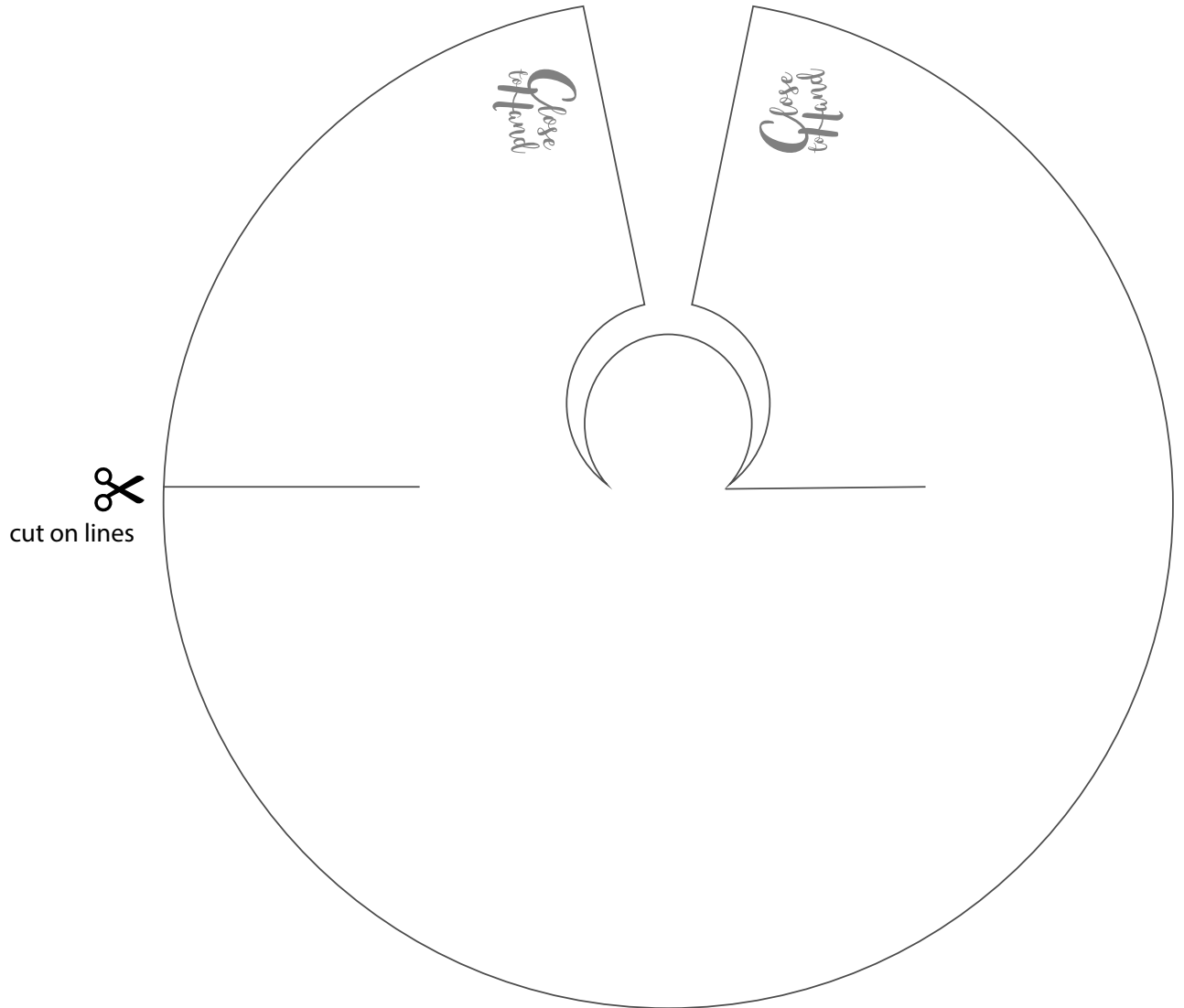
Cut out along the lines



Decorate laid flat



Construct (you may need an adult to help with this) – twisting the shape for the wings to fit into the slot.





#onemorecard  
...be part of it



[www.close-to-hand.co.uk](http://www.close-to-hand.co.uk)